

Coffee Lovers Protein Shake

Prep time 5 mins

Total time 5 mins

This high protein and low sugar protein shake is a coffee lover's dream. Toss all ingredients into the blender, top with cacao nibs and sip with a straw. Perfect for an afternoon pick me up.

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Serves: 1 shake

Ingredients

- ½ ripe banana
- 1 scoop no sugar added vanilla protein powder
- ½ cup vanilla almond milk
- ½ cup cold or room temperature brewed coffee
- 1½ cups cubed ice
- sprinkle of cacao nibs, for topping if desired
- 1-3 drops stevia extract, if desired



Instructions

1. Add all ingredients except ice to a high powered blender. and blend until mixed together.
2. Slowly add ice to blender and process until creamy.
3. Top with cacao nibs, if desired.
4. Note: If you desire a bit of a sweeter shake, stir in 1-3 drops stevia extract.